

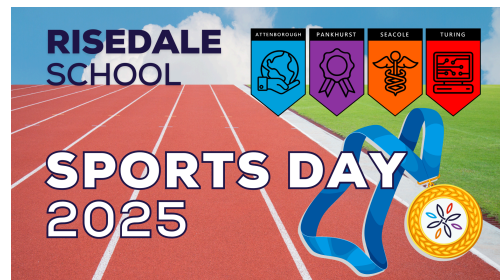
**UPDATED:** Monday, 14th July 2025

Dear Parents/Carers and Pupils,

**IMPORTANT UPDATE:** The date for our Sports Day has now changed to **Wednesday, 16th July** (this event was previously advertised as Friday, 11th July).

## **SUBJECT: Sports Day 2025 (Now on Wednesday 16th July)**

Risedale's Sports Day will now be taking place on **Wednesday, 16th July** and will be held at **Catterick Athletics Stadium, Leyburn Road DL9 3QD** (next to Catterick Garrison Golf Club), **starting at 8:25 am and finishing at 3 pm**. All pupils in Years 7-10 must attend Sports Day and arrive prepared for the day. Any pupil excused from partaking in the sporting events must report to the PE staff, whereupon they will be allocated a job for the day as a helper.



**Travel:** Pupils who live in the Garrison will be expected to make their own way to the stadium, so please allow plenty of time if walking (up to 20 minutes extra). If your child normally catches the school bus, they will be picked up at their usual stop, taken directly to the stadium and returned just like a normal school day. There will be a one-way system in place at the stadium to drop off your child should you need to give them a lift.

**Food and Drink:** To ensure your child stays energised and hydrated, please provide them with a **packed lunch and plenty of drinks**. A **refillable water bottle is essential** as we'll have water available for top-ups throughout the day. Starting well-prepared is key!

For those who wish to purchase food, the Risedale catering staff will be at the stadium from approximately 10:30 AM to 1:30 PM, selling a selection of sandwiches, snacks, and drinks. Please remember this will be **CASH ONLY**. As usual, any child who receives a Free School Meal will be fully catered for.

**Clothing:** All competitors are expected to wear **Risedale PE kit**. No vest tops, cropped tops or non-Risedale sports kit allowed.

**Sun Protection:** Please ensure that your child arrives at Sports Day with **sun cream already applied** and bring extra to reapply throughout the day. They should also have a sun hat or cap and possibly an umbrella, and a sun hat or cap. We'll have water available for top-ups, but starting the day prepared is key.

**No Spectators:** Unfortunately, we will not be able to accommodate spectators at Sports Day this year. This includes former Risedale pupils, unless they have been specifically invited to help with the event. We understand this news may be disappointing, but please be assured that we'll be capturing all the excitement of the day in photos. These will be shared with you on our website and in the KIT Newsletter.

### **Pupil Expectations for the Day:**

1. Listen and carry out instructions from staff the first time.
2. Do not go off-site at any time.





**RISEDALE**  
A family of learners

## RISEDALE SCHOOL

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3. Do not drop litter. We are very privileged to be using the stadium, so please respect the facilities provided, as we would like to be invited back next year!
4. Be considerate to others during the day. High standards of behaviour and sportsmanship are expected at all times, whether pupils are competing, spectating or helping.

### Information for Competitors:

Events will take place throughout the day; one for girls and one for boys in each of the 4 year groups on the track, plus other field events. A gold medal will be awarded to the finalists in each track and field event.

Listen carefully for your event to be called. Arrive promptly. Strive to do your best. Accept victory with modesty and defeat with grace.

### Points will be awarded to each House as follows:

- 1st = 6pts, 2nd = 5pts, 3rd = 4pts, 4th = 3pts, 5th = 2pts, 6th = 1pt
- In the heats and the finals, every competitor will receive a point.

**Track Events Take Priority:** If two of your events are called at the same time, check in with your field event, go and compete in your track event and then come back to complete your field event.

**High Jump:** The starting height for the high jump will be age-appropriate, and the bar will be raised in 5cm increments. The bar cannot be lowered. Anybody who dives headfirst over the bar will be immediately disqualified from the competition. Each competitor has a maximum of 8 jumps, and each competitor decides at what height they would like to enter.

**Long Jump:** 3 jumps per person.

**Health and Safety:** No one should enter the centre of the track unless they are competing in an event at that time. Between events, competitors should return to their allocated area of the stadium. For safety, no spectators will be allowed near the jumping events.

Competitors are not allowed to eat food or wear jewellery whilst competing. Trainers must be tied securely. Failure to comply with any instruction will lead to disqualification.

Competitors will need to plan the best time to eat their lunch around their events. Remember to keep well hydrated throughout the day. Do not bring glass bottles or cans onto the field. Bins will be situated in the spectator area, so please use them. If you need an inhaler, please take it to the event with you.

Lastly, we want everybody to enjoy their day, so please behave appropriately, represent your House and the Risedale Family with pride and do your very **BEST**. Support your House and friends by cheering and not booing! Shake hands with other competitors in your event and congratulate others on their performance. **Have a fantastic day!**

Yours sincerely,

**Mr A Lawson**

Head of PE

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